

Cataract and Eye Consultants

IOL POST-OPERATIVE INSTRUCTIONS

(Unless Otherwise Directed)

PATIENT NAME: _____

EYE: RIGHT / LEFT

- Avoid getting water in your eyes for 3 days.
- Do not wear eye make-up for 3 days.
- Avoid rubbing your eyes.
- Do not do any strenuous or vigorous activities for 1 week.
- No swimming for 2 weeks.
- Wear the clear shield at bedtime and for naps for 1 week.
- Wear sunglasses as needed for comfort.
- Use your EYE DROPS as instructed below. **Prednisolone MUST SHAKE WELL.** Always allow 1 minute between eye drops. A chart has been provided on the back of this page to help you keep track of your drops.

	WEEKS 1 & 2: _____	WEEKS 3 & 4: _____
OFLOXACIN (TAN CAP)	4 times per day	STOP
PREDNISOLONE (PINK OR WHITE CAP) *SHAKE WELL*	4 times per day Shake Well	2 times per day Shake Well

Call CEC at **724-617-2020** or your eye doctor if you have any of the following symptoms: worsening pain/redness, discharge, decreased vision, new flashes/floaters.

Your **ONE-WEEK POST-OP VISIT** is scheduled with Dr. _____.

Day: _____ Date: _____ Time: _____

